



Selected Items: Adult Well-Being Domain - Self-Assessment Checklist

The following checklist is designed to assess areas from the Adult Well-Being domain at individual sites. This checklist can be used by an administrator, coach, and/or teaching staff.

Work Condition	Needs Improvement	Adequate	Good
Teaching staff can depend on being paid for attending center staff meetings.			
Teaching staff can depend on having planning time during their paid work week (e.g., paid time before children arrive or after they leave, or when they are relieved by a floater).			
Teaching staff can depend on being paid for any required professional development training activities.			
The program provides comfortable places for adults to sit and be with children.			
The program provides a staff room or area away from children for breaks or private conversations.			
The program provides for classrooms to be cleaned by someone other than teaching staff.			
The program provides training for teaching staff on managing stress, healthy eating, and exercise.			
No staff receive preferential treatment at the expense of others.			
If teaching staff make a complaint, they are confident it will be considered fairly.			