

# SPARK *Inquiries*

## **S:** Start Within

- ~ Who am I as a leader? What is my mental map? What is my heart journey?
- ~ What is my self-awareness? What is my relationship mindfulness? What is my social consciousness?
- ~ How is my energy and what is my responsiveness?

*“The real challenge is the formation of the human heart behind the skillful hand” – Parker Palmer*

## **P:** Prepare New Thinking

- ~ What are the abilities of my brain and how do my feelings interact with my thinking?
- ~ What are frames or approaches that can help foster success in others, and together?

*“Appreciative Leadership is the relational capacity to mobilize creative potential and turn it into positive power – to set in motion the positive ripples of confidence, energy, enthusiasm, and performance – to make a positive difference in the world.” – Diana Whitney*

## **A:** Ask Great Questions

- ~ What are helpful assumptions to inform my narrative?
- ~ What kind of questions prompt people to be curious and interested?
- ~ Which inquiries will help others offer their “best selves” and ideas?

*“Positive energy is created and sustained by Appreciative Inquiry because it does not separate the person from the process and it recognizes and honors the human spirit.” – Sue Annis Hammond*

## **R:** Reach Out and Draw Out

- ~ In what ways can I recognize and support the contribution of others?
- ~ What can make it easy for people to shift thinking, try something new, build relationships and enjoy working with one another?
- ~ How can I manage my energy to help others manage theirs?

*“No one can whistle a symphony. It takes a whole orchestra to play it.” – H.E. Luccock*

## **K:** Keep Noticing Successes

- ~ Where am I seeing or experiencing great examples of our alignment and agreements?
- ~ What successes have surprised or intrigued us?
- ~ What else has popped up that is another example of momentum?

*“Positivity doesn’t just change the contents of your mind...It widens the span of possibilities that you see.” - Barbara Fredrickson*