



National  
Collaborative  
for Infants  
& Toddlers™

## CAPACITY-BUILDING HUB

The Influence of Prenatal to Age 3: Utilizing a Multisectoral Approach to Achieve Positive Maternal and Child Health Outcomes

### Webinar Summary Chart

	<b>Dr. David Willis</b>	<b>Dr. Djinge Lindsay</b>	<b>Albert Wat</b>
<b>Learning Objective(s) Addressed</b>	<p>(1) Why the prenatal and postpartum periods are critical phases of development that help children reach their greatest potential.</p> <p>(2) How to build responsive prenatal, postpartum and pediatric systems that ensure ongoing access, quality, and coordination.</p>	<p>(1) Which existing federal and state initiatives can be leveraged to increase and promote positive maternal and child health outcomes.</p>	<p>(1) How to design early care and education environments that promote positive health outcomes</p>
<b>Points to Remember</b>	<ul style="list-style-type: none"> <li>• The health of pregnant mothers during the prenatal and post-partum periods has important impacts on school readiness.</li> <li>• Early experiences are embodied in brain development and health in the prenatal to three period.</li> <li>• Mitigating stress with social supports around young families is key.</li> <li>• Behind maternal depression is often a history of adversity and ACE's (Adverse Childhood Experience). Support for maternal depression includes addressing "what's happened to you?"</li> </ul>	<ul style="list-style-type: none"> <li>• When designing programming at the community level, be cognizant of what public programming and strategy is being implemented. This should allow jurisdictions to better maximize resources and avoid duplication of services.</li> </ul>	<ul style="list-style-type: none"> <li>• High-quality ECE can be a platform for promoting health in the early years, but it has to be an intentional strategy and adequately funded, above and beyond what a typical ECE program may encompass – even if it's high quality.</li> <li>• Supports for early childhood educators – both in terms of their competencies as they relate to health-promoting practice AND their own well-being – are key to success.</li> <li>• The potential of ECE systems to promote healthy outcomes at the</li> </ul>

	<ul style="list-style-type: none"> <li>Health, early learning and social wellbeing is achieved by early relational health – positive, attuned and stimulating early experiences for infants and toddlers.</li> </ul>		community level cannot be maximized if access is limited
<b>Suggested Next Steps</b>	<ul style="list-style-type: none"> <li>Reach out to pediatric practices and FQHC's (Federally Qualified Health Center) to explore linkage and referral processes for mother's screened positive for maternal depression.</li> <li>Reach out to public health and community leaders about developing naturalistic and neighborhood social supports for pregnant woman and new parents.</li> <li>Create a community campaign to advance early relational health across all sectors – an "all in approach."</li> </ul>	<ul style="list-style-type: none"> <li>If you are not sure what is happening at your local or state health department, reach out to the directors/staff of the maternal child health programming to request a meeting and/or look for any jurisdiction level committees working on MCH issues and attend meetings. That can help introduce you to other stakeholders, including government, and be able to start connecting dots between your programming and other efforts.</li> </ul>	<ul style="list-style-type: none"> <li>ECE programs and systems at local, state and federal levels can: <ul style="list-style-type: none"> <li>Review their program design and standards to assess the extent to which they reflect the comprehensive approach described in the <i>Vibrant and Healthy Kids</i> report (See pp. 419-420).</li> <li>Estimate the cost of implementing such a comprehensive approach AND scaling the programs so that all eligible children are served.</li> </ul> </li> </ul>
<b>Resources</b>	<ul style="list-style-type: none"> <li>Well-Woman Care Recommendations: <a href="https://www.acog.org/About-ACOG/ACOG-Departments/Annual-Womens-Health-Care/Well-Woman-Recommendations?IsMobileSet=false">https://www.acog.org/About-ACOG/ACOG-Departments/Annual-Womens-Health-Care/Well-Woman-Recommendations?IsMobileSet=false</a></li> <li>A Sourcebook on Medicaid's Role in EC: Advancing High Performing Medical Homes and Improving Lifelong Health: <a href="https://www.cfpciowa.org/documents/filelibrary/medicaid_finance/section_pdfs/Introduction_8D6E8F3FB002C.pdf">https://www.cfpciowa.org/documents/filelibrary/medicaid_finance/section_pdfs/Introduction_8D6E8F3FB002C.pdf</a></li> <li>Fostering Social and Emotional Health through Pediatric Primary Care: A Blueprint for Leveraging Medicaid and CHIP to Finance</li> </ul>	<p>Listing of State Title V programs <a href="http://www.amchp.org/Policy-Advocacy/MCHAdvocacy/Pages/StateProfiles.aspx">http://www.amchp.org/Policy-Advocacy/MCHAdvocacy/Pages/StateProfiles.aspx</a></p> <p>Help Me Grow Affiliates <a href="https://helpmegrownational.org/affiliates/">https://helpmegrownational.org/affiliates/</a></p>	<p><a href="#"><i>Vibrant and Healthy Kids: Aligning Science, Practice, and Policy</i></a></p>

