

Resource List: *Supporting Early Childhood Development, Mental Health, and Healthy Weight in Statewide QRIS Indicators*

Cited Resources:

- [Caring for Our Children | National Resource Center \(nrckids.org\)](https://www.nrckids.org/)
- Quality Compendium: [Quality Improvement Systems Compendium - QIS \(qualitycompendium.org\)](https://qualitycompendium.org/)
- [Child and Adolescent Mental Health During COVID-19: Considerations for Schools and Early Childhood Providers Issue Brief \(hhs.gov\)](https://www.hhs.gov/child-adolescent-mental-health-during-covid-19/)
- [Protecting Youth Mental Health: The U.S. Surgeon General's Report](https://www.surgeongeneral.gov/reports-and-materials/protecting-youth-mental-health/)

CDC Resources:

Early Care and Education:

- [Early Care and Education Portal | CDC](https://www.cdc.gov/earlycare/)
- [COVID-19 Guidance for Operating Early Care and Education/Child Care Programs \(cdc.gov\)](https://www.cdc.gov/earlycare/covid-19/)

Early Childhood Development:

- [Child Development Basics | CDC](https://www.cdc.gov/earlychildhood/)
- [Developmental Monitoring and Screening | CDC](https://www.cdc.gov/earlychildhood/developmental-monitoring/)
- [Act Early Ambassadors | CDC](https://www.cdc.gov/earlychildhood/act-early/)
- *Learn the Signs. Act Early.* Developmental Milestones Resources:
 - [Developmental Milestones Resources for Early Childhood Educators | CDC](https://www.cdc.gov/earlychildhood/developmental-milestones/)
 - [Free Materials for Developmental Monitoring | CDC](https://www.cdc.gov/earlychildhood/developmental-monitoring/)
 - [CDC's Milestone Tracker App | CDC](https://www.cdc.gov/earlychildhood/milestone-tracker/)

Children's Mental Health:

- [CDC's Children's Mental Health Champions | CDC](https://www.cdc.gov/childrens-mental-health/)
- [Learn About Children's Mental Health | CDC](https://www.cdc.gov/childrens-mental-health/)
- [What Is Children's Mental Health? | CDC](https://www.cdc.gov/childrens-mental-health/)
- [Understanding Children's Mental Health: Surveillance Summary 2013-2019](https://www.cdc.gov/childrens-mental-health/surveillance-summary-2013-2019/)
- [Creating Positive Childhood Experiences | CDC](https://www.cdc.gov/childrens-mental-health/)
- [Essentials for Childhood Framework | CDC](https://www.cdc.gov/childrens-mental-health/)

Healthy Weight and Growth:

- [CDC Healthy Weight in Early Care and Education Homepage](https://www.cdc.gov/healthyweight/)
- [Spectrum of Opportunities for State-Level Obesity Prevention Efforts in Early Care and Education Settings](https://www.cdc.gov/healthyweight/state-level-obesity-prevention/)
- [47 ECE High-Impact Obesity Prevention Standards](https://www.cdc.gov/healthyweight/47-ecce-high-impact-obesity-prevention-standards/)
- [Healthy Weight State ECE Licensing Scorecards](https://www.cdc.gov/healthyweight/state-ecce-licensing-scorecards/)
- [Supporting Obesity Prevention in Statewide Quality Rating and Improvement Systems: A Review of State Standards \(2017 Paper using 2015 Data\)](https://www.cdc.gov/healthyweight/supporting-obesity-prevention-in-statewide-quality-rating-and-improvement-systems/)