

Home-Based Child Care: The Importance of Home- Based Educator Wellness in Equitable Early Childhood Systems

Tuesday, March 21, 2023



Agenda



Welcome



Importance of
Wellness in HBCC
Systems



Wellness Supports in
Practice



Next Steps



Poll: Self-Care and Work-Life Balance

Self-Care: In my life....

- I understand and prioritize self-care
- I understand but do not prioritize self-care
- I struggle to understand and prioritize self-care
- Self-care? What is that?

Work-life balance:

- I am happy with my work-life balance
- I struggle to have a work-life balance
- Work-life balance? What is that?



Core Beliefs

Core Beliefs

1

Family child care (FCC) and family, friend, and neighbor (FFN) care settings, whether licensed or license- exempt, are part of the fabric of a mixed delivery system for early care and education.

2

Strategies and the system components supporting home-based child care(HBCC) settings should be resourced on par with center- and school-based settings.

3

Strategies to work with providers in these family child care settings should be responsive to their needs and intentional in their development to reflect the unique modality of care.

4

Family child care needs to be approached in a systemic way across all the various federal initiatives and private funding opportunities, in order to leverage these fully while also keeping a laser focus on best practice for FCC

Defining the terms:

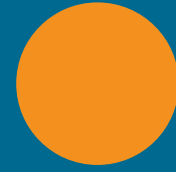
Home-Based Child Care:

Is inclusive of wherever children are cared for in a home setting. Different states and communities refer to this in different ways:

- Family Child Care (FCC)
- Family, Friend, and Neighbor Care (FFN)
- Licensed, Unlicensed
- Registered, Unregistered
- Etc....

Who do we mean?

- Provider
- Educator
- Owner/Operator
- Practitioner
- Etc.....

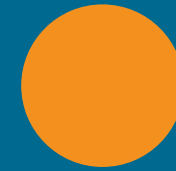


Wellness Activity

Shayla Collins

Three Centers Check





HBCC Network Benchmarks and Indicators

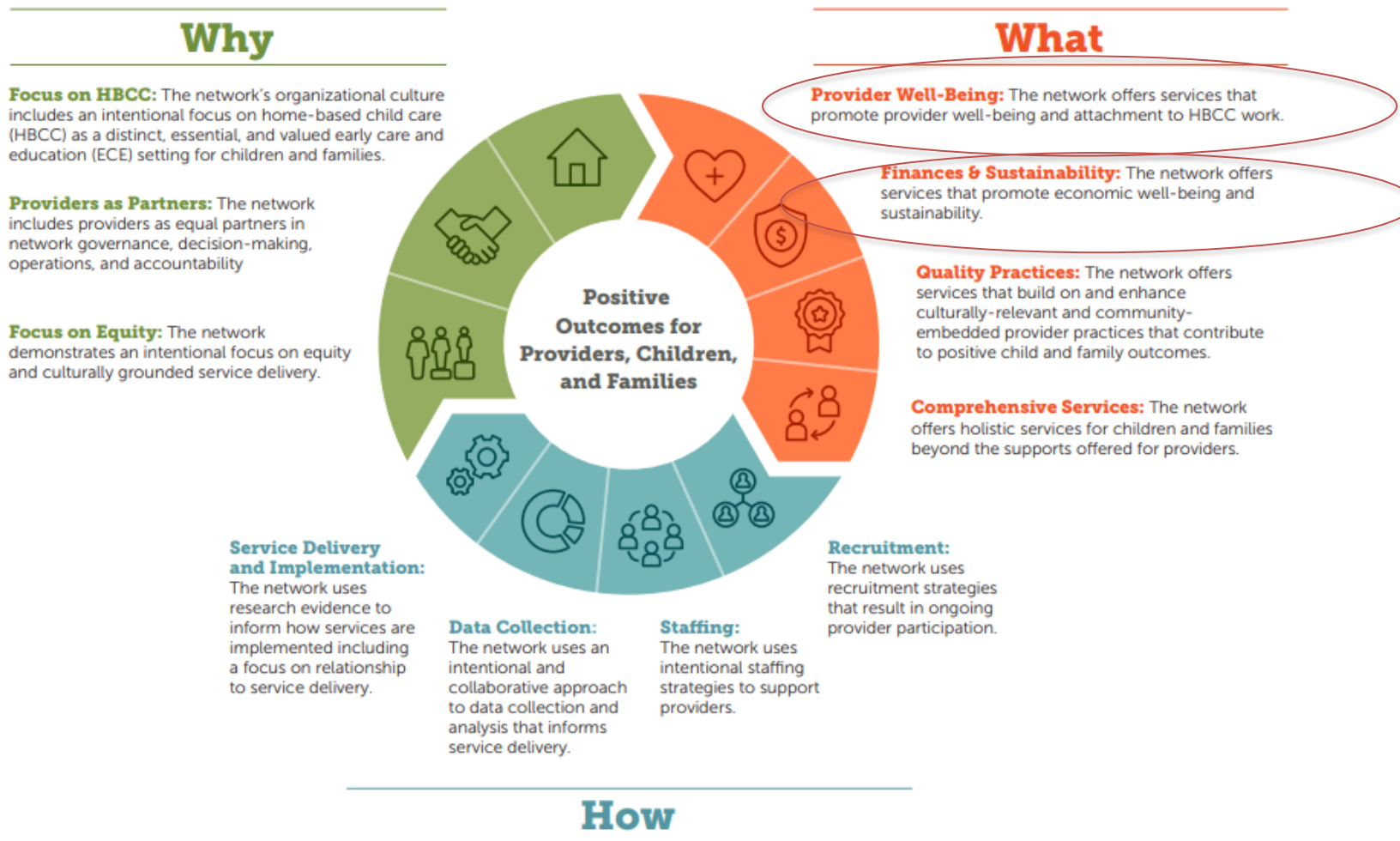
Dr. Juliet Bromer

Erikson Institute

Home-Based Child Care Networks Benchmarks and Indicators

Erikson Institute
Home Grown

HBCC Network Benchmarks and Indicators

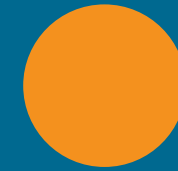


Poll: Wellness for Educators in Systems

Our organization/agency supports HBCC educator wellness through:

- Efforts to reduce stress and improve working conditions
- On-going educational advancement and learning opportunities
- On-going career/professional advancement opportunities
- Access to benefits (PTO, health insurance, retirement, etc...)





*Supporting
Professional Network
Association Wellness
Supports
DeCarla Burton*

Pre-Pandemic



During the pandemic

- In-person meetings ended
- Pivoted to group chats
- Celebrations, mourning, achievements, etc...



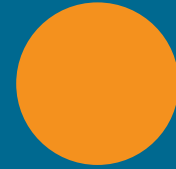
Today



- Chat has grown to include
 - Support around healthy eating
 - Juicing
 - Yoga
 - Meditation

Poll: Wellness for Educators in Systems





Wellness Activity

Shayla Collins

Four P's

Pause

Present

Proceed

Practice



Presenters

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HBCC: National Webinar

HBCC Educator Wellness
Series

April 18, 2023

3:00 -4:00 PM EST

www.buildinitiative.org



Before we go.....