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Prenatal-to-Three Capacity-Building Hub  
POWERED BY THE BUILD INITIATIVE

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**JOIN DISCUSSIONS ON POLICIES  
AND SYSTEMS IMPACTING  
PRENATAL-3 OUTCOMES**

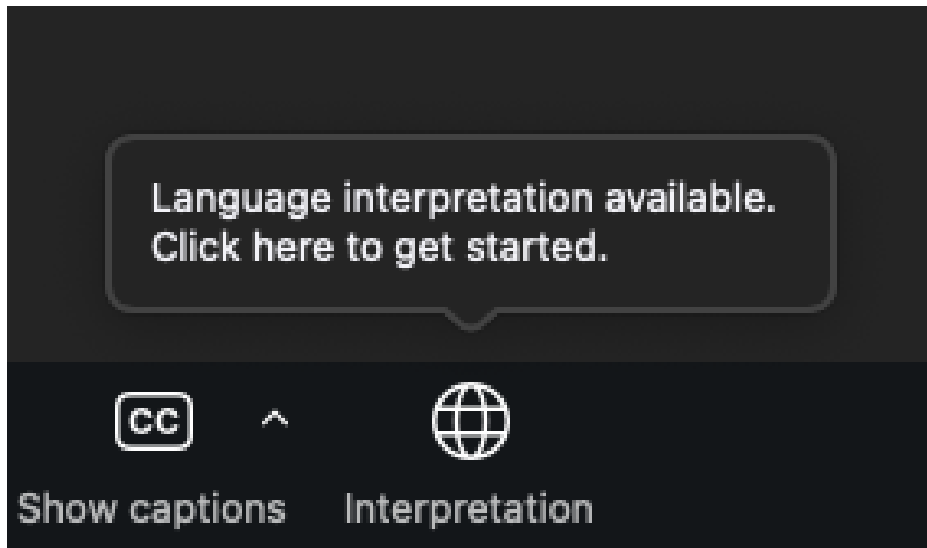
**ACCESS RESOURCES AND  
EVENTS FOR PN-3 INITIATIVES**

**LEARN FROM PEERS AND  
EXPERTS ANYTIME, ANYWHERE!**

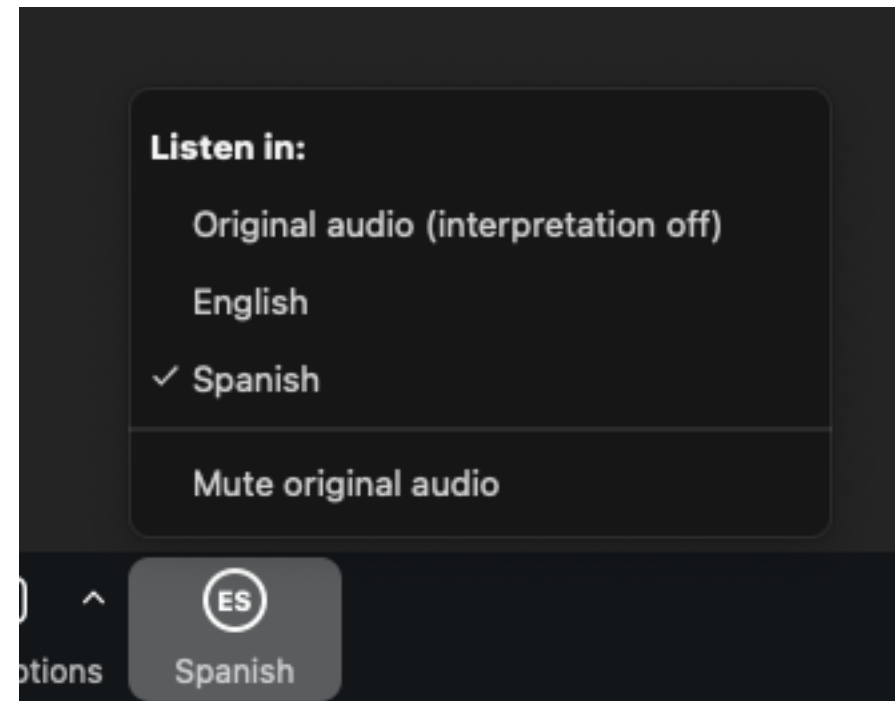
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# Language Interpretation

Once the interpretation function is activated, click the globe icon at the bottom of your screen.



Then click Spanish to listen in that language. (To turn off interpretation, click "Original audio.")



## Whole Child, Whole Families, Whole Systems Webinar Series

*Seen and Supported:  
Building Systems That Honor Every Family's Journey*

Moderated by Michelle Adkins and Ngozi Lawal

Thursday, August 7, 2025



# Who is represented here?

- 400 + registrants
- 49 states, D.C., and Peru

## You are from...

- State agencies: Children, Youth and Families, Health and Human Services, Public Health, Early Learning and Care, Education, Public Instruction
- Child and family serving organizations/nonprofits (community-based, state, regional, and national)
- Early childhood and family coalitions/networks
- Colleges and universities
- Center-based and home-based child care
- Child Care Resource and Referral Agencies
- Foundations and philanthropy
- Hospitals, health care providers, health insurance providers
- Faith-based organizations
- Tribal language and cultural education programs

# Webinar Series' Objectives

- Define a whole system approach
- Identify key challenges
- Explore strategies for system integration
- Center family voices and equity
- Leverage leadership and data for improvement
- Learn from real-world examples
- Apply actionable strategies
- Promote sustainability

# Today's Objectives

- Learn about the importance of family support systems to a Whole Child and Whole Family system of care
- Understand the negative impacts of federal policy and funding cuts on family support systems
- Use the “Block, Bridge and Build” framework of the Othering and Belong Institute to brainstorm ways we can shield children and families from harm
- Gain insight into how lived experience can drive the design of more responsive and empowering family support systems.
- Explore the key elements of a parent-led support model that builds trust and connection with families.
- Understand practical ways to elevate parent voice in the development of programs and policies that affect families with young children.
- Describe the cultural, emotional, and practical roles that Aunties play in Indigenous communities, and how Hummingbird Indigenous Family Services integrates this knowledge into its programs and support systems.
- Explore how Hummingbird’s Relative-centered approach transforms traditional service delivery, emphasizing kinship, cultural continuity, and community-driven programming.
- Gain insight into the importance of Help Me Grow North Texas’s centralized access point in ensuring families receive timely, coordinated support.
- Recognize how integrating family voice into every step of the process enhances trust, responsiveness, and long-term engagement

# Presenters



**Karen Howard**  
Consultant,  
Crossover Partners LLC



**Helena Girouard,**  
Doctoral Candidate,  
MPH, CPRC  
Practice Administrator,  
Baby Steps  
Founder & Principal  
Consultant, Periscope  
of Hope



**Camie Goldhammer**  
Founding Executive  
Director, Indigenous  
BirthKeeper and  
Lactation Consultant,  
Hummingbird  
Indigenous Family  
Services



**Leanna Wydick**  
Technical Assistance  
Coordinator,  
Help Me Grow North  
Texas, MHMR of  
Tarrant County



**Miranda Holmes**  
System Director of  
Scale and Spread,  
My Health My  
Resources of Tarrant  
County/Help Me Grow  
North Texas

# Family Support Systems: The Backbone of Whole Child & Family Systems of Care



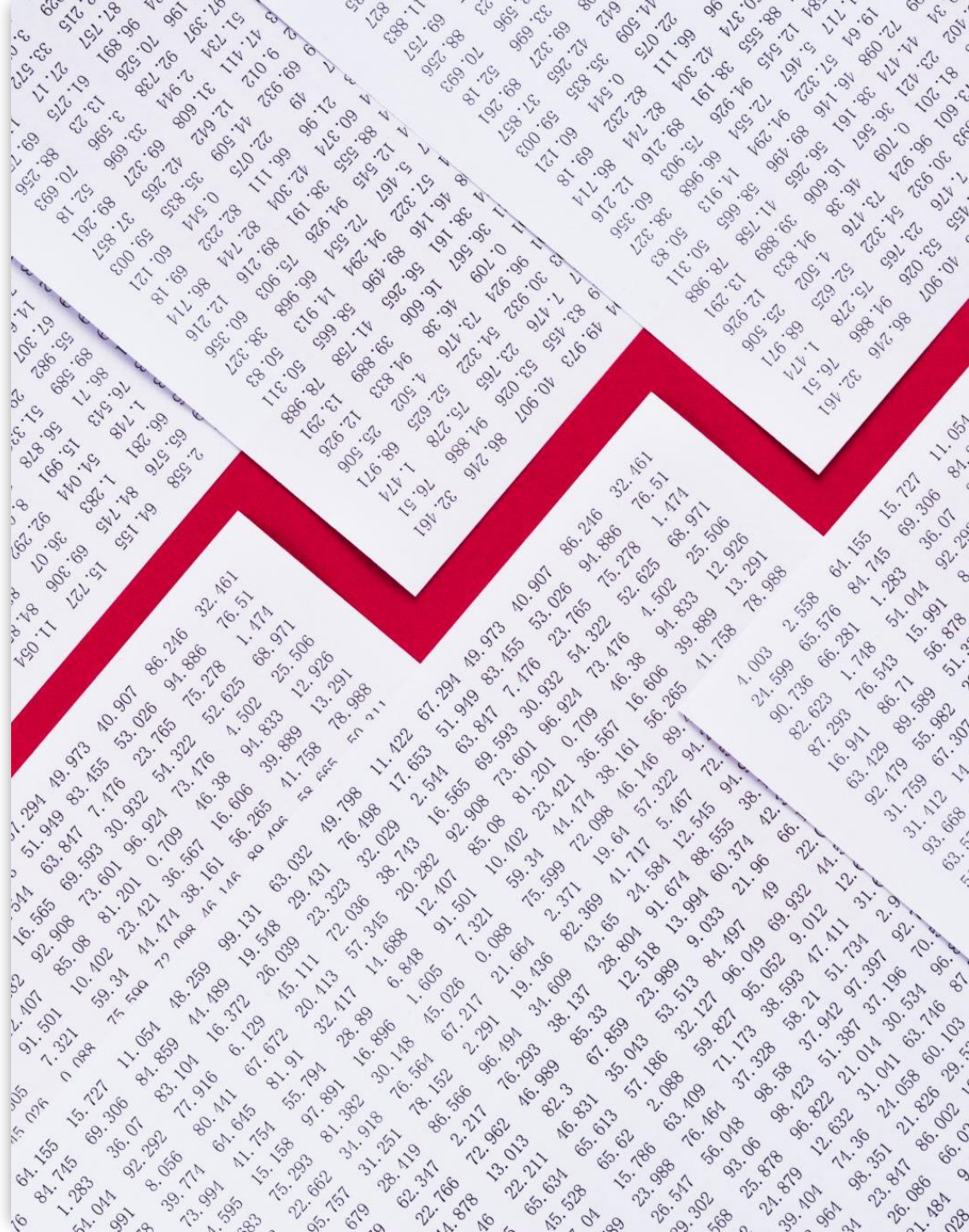
- Broad Set of services focused on supporting families to promote child development and family wellbeing
- Provide supportive environment, including:
  - Parental and Family Engagement and Education
  - Promoting healthy family relationships
  - Access to needed resources
    - Access to health care services
    - Nutrition assistance
    - Economic supports/cash assistance, job training
    - Housing
    - Other needed services

# Family Support Programs

- Family Resource Centers
    - Peer counseling
    - Case management
    - Immediate crisis support
    - Afterschool activities
    - Adult literacy programs
    - Workforce trainings
  - Home Visiting Programs
  - Early Intervention
- 
- Child Care/Respite Care
  - Paid Family Leave
  - Cash Assistance Programs
  - Health and Wellness Programs
  - Youth Programs
  - Fatherhood Programs

# The One Big Beautiful Bill Act (OBBB)

- Extends tax cuts in the Tax Cuts and Jobs Act of 2017 for the ultra rich at a cost of over \$4 T over 10 years
- Adds \$4.2 T to the deficit over 10 years and significantly reduces the amount of taxes the government collects into the future
- The cost of OBBB will be borne by the bottom fifth of wage earners; 12 million Americans will lose their health insurance over 10 years



# Funding Cuts Jeopardize Family Support Systems

## MEDICAID

- Over \$850 B in cuts
- Imposes work requirements on adults 18-64 (childcare providers and other low-income adults)
- Requires mandatory/frequent eligibility/verification checks
- Undermines maternal and child health by eroding the infrastructure of Medicaid
- Puts children and families in rural communities at risk

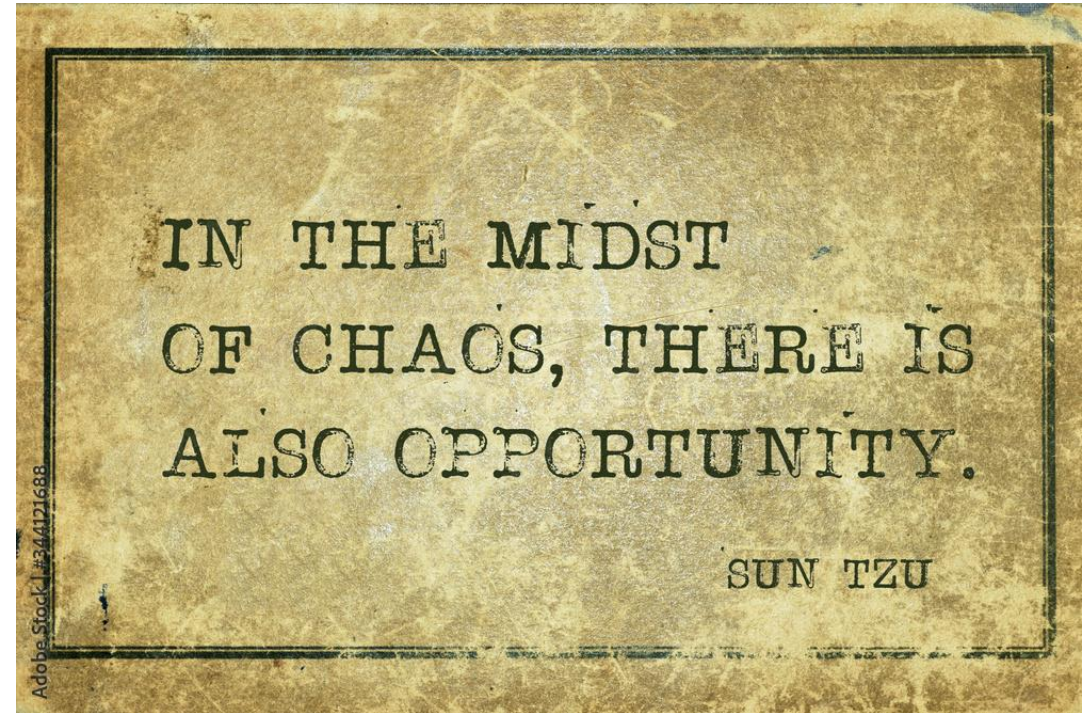
## SNAP

- Cuts SNAP by over \$300 B
- Imposes cost-sharing on states related to their error rate
- Imposes work requirements on parents with children age 7 and older
- Requires frequent eligibility checks
- Reduces SNAP benefit, which currently is \$187 per month per person (\$6.16 per day)
- Jeopardizes nutrition for 14 million children who rely on SNAP and Medicaid—20% of all children under age 5

# Funding Cuts and Punitive Immigration Policies Harm Immigrant Children and Communities

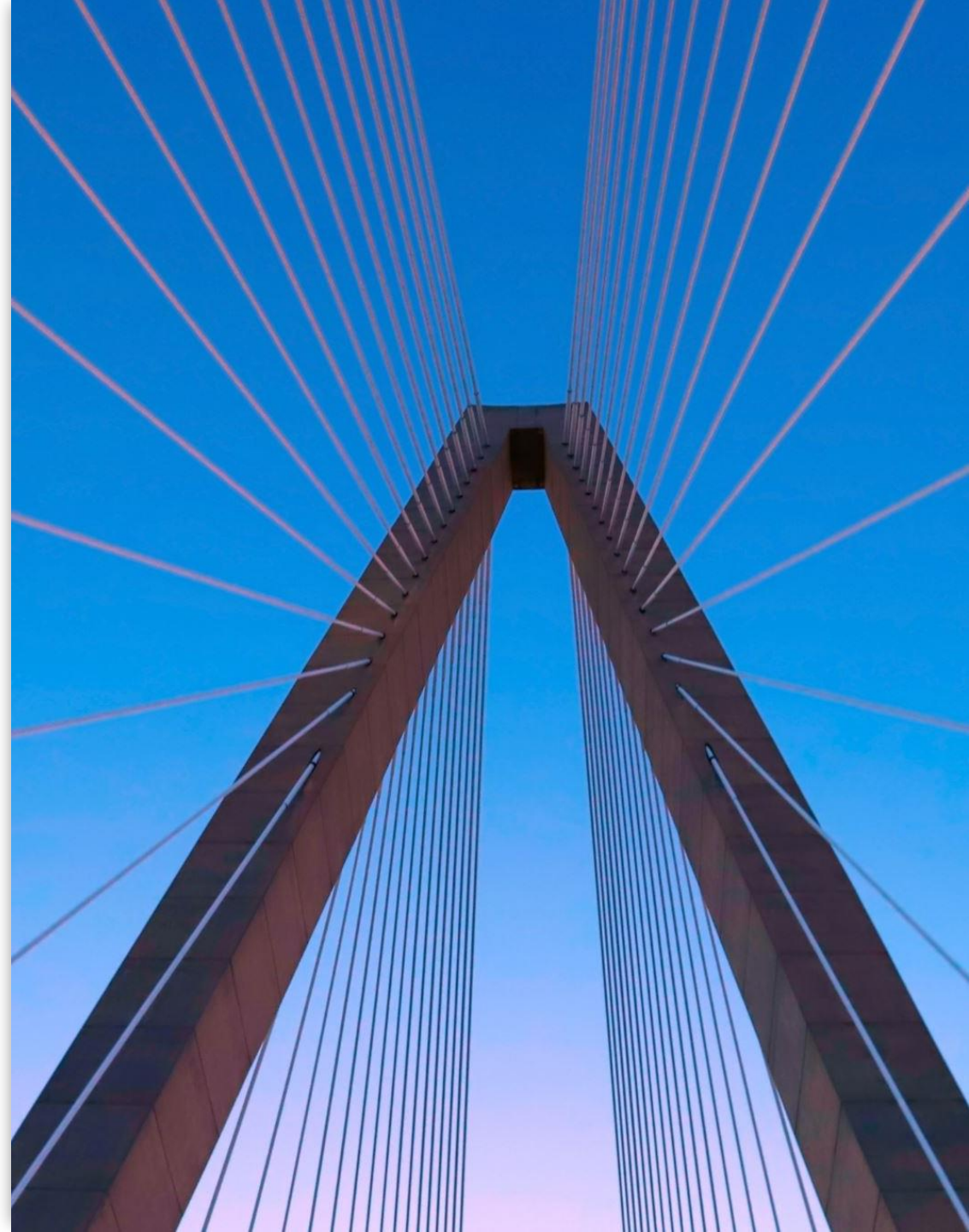
- Parents without Social Security Numbers cannot claim the Child Tax Credit, even when their children are citizens, leaving 4.5 children without the benefit
- The law funds border control to increase aggressive deportation and family separation policies
- Re-interpretation of the Federal Public Benefit Law to exclude participation of immigrant children in Head Start and other programs
- Birthright Citizenship
- Withdrawal of funding for English Learner programs

# The Politics of Chaos



# Opportunities to BLOCK, BRIDGE & BUILD

- Framework created by John Powell offers a way to think about organizing to:
  - Block threats we face
  - Bridge across differences to build a broad alliance
  - Build the future we want
- How can you block harm in your states and communities?
- How can you bridge differences to create alliances for children and families?
- How can you begin to build new systems that serve children and families better?





**Hummingbird**

INDIGENOUS FAMILY SERVICES

# Mission

Healthy Indigenous babies born  
into healthy Indigenous families,  
supported by healthy Indigenous communities.



## **Our values we believe...**

- **Every parent is the perfect parent for their baby.**
- **Healthy mothers and babies are the foundation of a healthy community.**
- **Abundance and generosity are essential in Indigenous resiliency.**
- **Abundance and generosity are a community responsibility.**
- **In the validity of traditional knowledge.**
- **In centering Indigenous people in all our work.**
- **In the importance of providing culturally relevant care.**

# HOW WE SERVE:

Community designed programming

-Hummingbird Indigenous

Birth Keepers

-Hummingbird NEST

-Pilimakua Parent Connections

(Home Visiting)

-Fireweed Connection

-Storytelling

-Data Sovereignty

-Policy



Wóphila unkéničiyapi

Thank you

Camie Jae Goldhammer

[camie@hummingbird-ifs.org](mailto:camie@hummingbird-ifs.org)

206-858-1010



# Help Me Grow North Texas Journey

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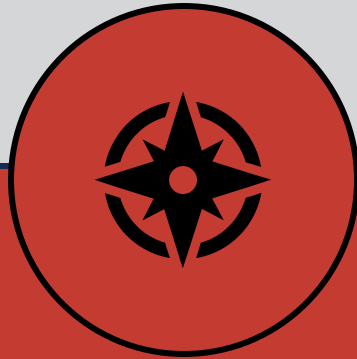


## Starting a Centralized Access Point:

- Adapting to Challenges
- Taking on Responsibilities
- Piloting and Scaling Up

# Navigation

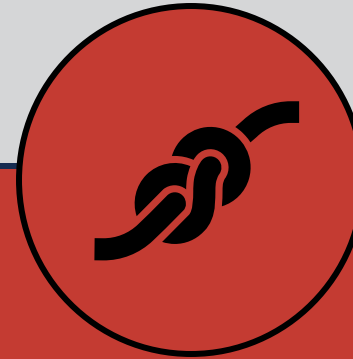
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- Identify Needs
- Guidance
- Coordinating Services



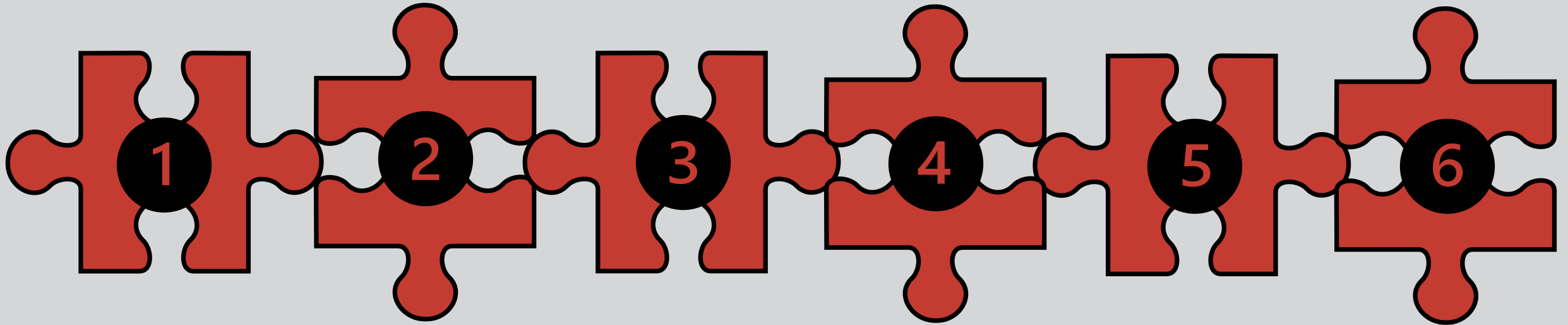
- Providing Education
- Answers to Questions
- Screening



- Trauma Informed
- Psychosocial Support
- Connection

# Child Development Line

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1. Linking Families to Community Resources and Supports
2. Linkage and Follow-Up
3. Answers to Questions
4. Developmental Screener and Other Screeners
5. Training and Credentials
6. Enhancing Customer Service Through Trauma-Informed Navigation

# Family Voice

- Family Advisory Council
- Post Navigation Survey
- Family Story Bank
- Participation in Subcommittees, Workgroups, Councils
- Event Feedback



# Jeremiah and Elijah's Story



# Trauma-Informed Care

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- Coaching
- Motivational Interviewing
- Trust Based Relational Intervention
- Customer Service




**Enhancing Family Support through Trauma-Informed Navigation**

# Assessing Impact

## Strategic Planning



FY 25 Strategic Plan



Subcommittee Cochairs			
<b>Centralized Access Point:</b>	<b>LaQuitha Hasley</b> -ChildCareGroup	<b>Stephania Whitehurst</b> -Child Care Management Services	<b>Caty Field</b> -United Way Metropolitan Dallas

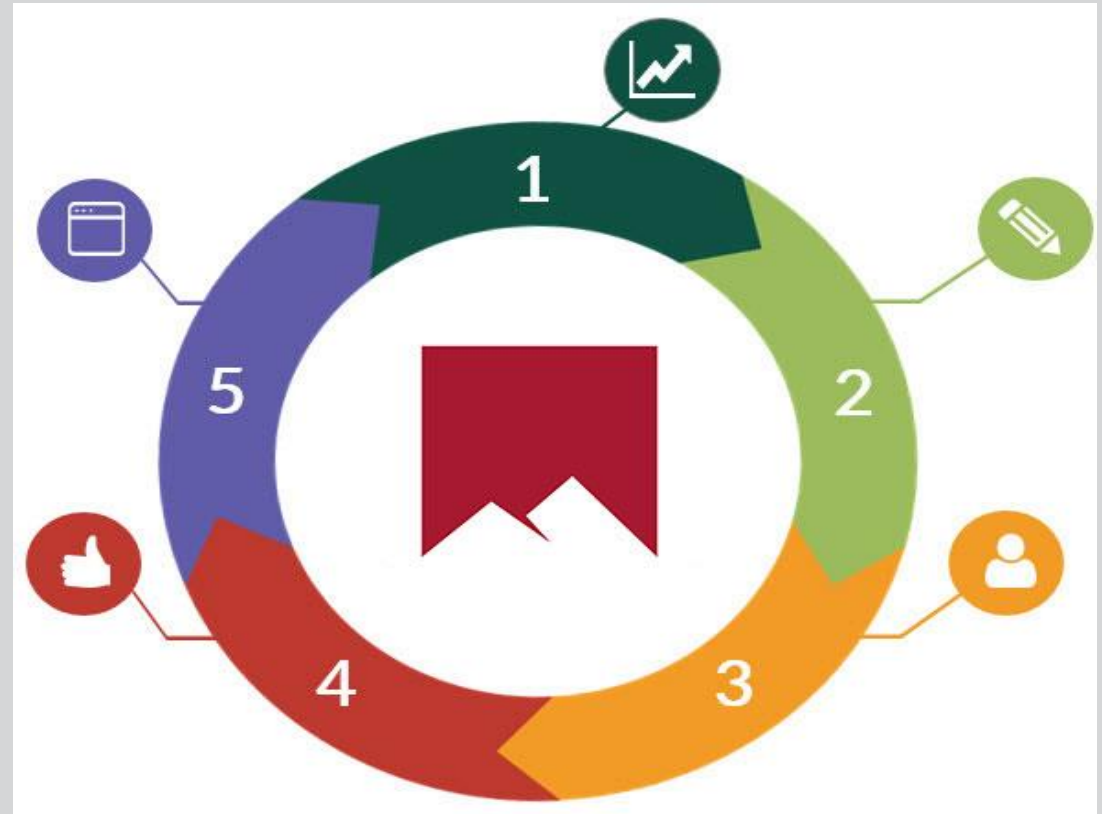
  

Goal 1:	<b>By August 31, 2026, identify and initiate outreach to at least 2 new potential partners in each of the 16 rural counties, with a goal of securing active engagement from at least 1 partner per county through participation in a subcommittee.</b>
Specific	Clear focus on the 16 rural counties: Cooke, Grayson, Fannin, Wise, Denton, Collin, Palo Pinto, Parker, Rockwall, Kaufman, Erath, Hood, Somervell, Johnson, Ellis, Navarro
Measurable	2 identified per county (32 total), aiming for at least 1 actively engaged from each county (16 total)
Achievable	Gives us a full year to reach out and build initial connections
Relevant	Supports all of the subcommittees' interest and overall system-building goals
Time-bound	Deadline set for the end of FY 26.

**Action Steps:**

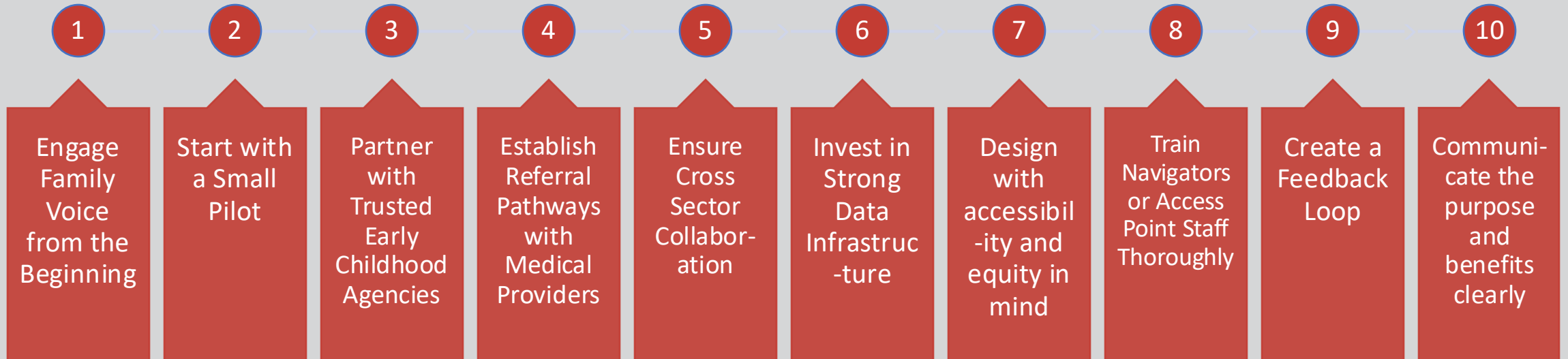
Action Steps	Responsible Party(ies)	Timeline	Notes	Other
Work with the Workforce Board of N. Central to market and identify partners within the 16 rural counties	Stephania can help/lead on this	1 <sup>st</sup> Quarter	Community Alignment Coordinators (Katelyn and Rhonda) will provide Stephania with materials needed for HMG	Stephania will give us an update at the beginning of Q2

## Turn The Curve Data Sessions



# Recommendations

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# Connect With Us

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HelpMeGrowNorthTexas.org  
@HelpMeGrowNTX



HelpMeThriveNorthTexas.org  
@HelpMeThriveNorthTexas



Contact us Leanna Wydick [leanna.Wydick@mhmrtc.org](mailto:leanna.Wydick@mhmrtc.org) or Miranda Holmes [Miranda.Holmes@mhmrtc.org](mailto:Miranda.Holmes@mhmrtc.org) for questions or support.



# Panel Discussion

# Thank you for joining us today!

## Presenters' Contact Information

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Miranda Holmes

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Save the dates for the upcoming webinars in the series! All webinars will be held from 2-3:30 PM ET.

- September 11
- October 9



REGISTER for the BUILD25 Conference

December 2-4, 2025

Los Angeles, California

[BUILDInitiative.org/events/BUILD25/](https://BUILDInitiative.org/events/BUILD25/)

## Please fill out the survey!!